

Clinical and Preventive Practice Guidelines

Clinical Practice Guidelines

Windsor Health Plan, Inc. supports the utilization of 'best practice' guidelines currently in place from nationally recognized organizations. The clinical practice guidelines are adopted or developed in collaboration with contracted practitioners based on the identified needs of the health plan population or variations in practice patterns within the health plan. The following are direct links to the current clinical practice guidelines adopted by Windsor Medicare Extra.

Asthma - "Expert Panel Report II: Guidelines for the Diagnosis and Management of Asthma" (www.nhlbi.nih.gov).

Diabetes Mellitus - "Standards of Medical Care in Diabetes" from the American Diabetes Association (www.care.diabetesjournals.org).

Essential Hypertension - "The Seventh Report of the Joint National Committee on Detection, Evaluation, and Treatment of High Blood Pressure (JNC VII). (www.nhlbi.nih.gov)

Congestive Heart Failure - "*ACC/AHA 2005 Guideline Update for the Diagnosis and Management of Chronic Heart Failure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines (Writing Committee to Update the 2001 Guidelines for the Evaluation and Management of Heart Failure)*". (www.acc.org/qualityandscience/clinical/statements.htm)

Preventive Practice Guidelines:

Evidence-based preventive guidelines are adopted or developed by Windsor Health Plan, Inc. based on population needs, CMS benefits and current recommendations of the U.S. Preventive Task Force and the American Board of Family Practice. Guidelines are reviewed and updated periodically, at least every two years.

The following is a direct link to the current preventive guidelines adopted by Windsor Medicare Extra.
(www.ahrq.gov/clinic/uspstfix.htm)